



EUROPEAN NARCOLEPSY NETWORK

## PRELIMINARY PROGRAM

### 8th European Narcolepsy Day Palma, Mallorca, Spain March 18-19th 2017

Together for better care

**Saturday, March 18<sup>th</sup>** Location: Gran Hotel. Fundación Caixa Forum Palma (Pl. de Weyler, 3)

8:00-9:00 Registration  
9:00-9:10 Welcome: [Francesca Cañellas](#) and [Geert Mayer](#)  
9:10-9:30 Prospective European Narcolepsy Data Base: Results [Ramin Khatami](#)

**9:30 -11:15** **Symposia 1: Genetics and Immune function in narcolepsy: News and controversies**  
Chair: [Birgitte Kornum](#) and [Mehdi Tafti](#)

09:30-09:50 Learning from H1N1-related narcolepsy and news in Genetics: [Hanna Ollila](#)  
09:50-10:10 Autoimmune dysfunction in narcolepsy theoretical update: [BK](#) and [MT](#)  
10:10-10:50 Controversy debate: Is narcolepsy associated with increased risk of comorbid autoimmune diseases?  
- "Pro presentation": [Francisco Javier Martínez-Orozco](#)  
- "Con presentation": [Yves Dauvilliers](#)  
10:50-11:15 Open discussion  
11:15 - 11:45: break

**11:45 -13:30** **Symposia 2: Diagnosis of narcolepsy**  
Chair: [Rosa Peraíta-Adrados](#) and [Karel Sonka](#)

11:45-12:05 Difficulties in diagnosing narcolepsy: Prevalence of narcolepsy in Catalonia (Spain): [Carles Gaig](#)  
12:05-12:25 Role of PSG/MSLT in the diagnosis of narcolepsy including sleep microstructure: [Fabio Pizza](#)  
12:25-12:45 Diagnosis of narcolepsy and its borderland: pitfalls and limitations: [Claudio Bassetti](#)  
12:45-13:05 Creation of a EU-NN brain bank. Dutch experience and patient opinions: [Rolf Fronzeck](#) + patient representative  
13:05-13:30 Open discussion  
13:30-16:00: Lunch and then Business Meeting EU-NN for EU-NN members (restaurant in the same congress location)  
13:30-16:00 Free time for lunch/poster viewing/networking for participants

**16:00-17:30** **Symposia 3: Pharmacological Treatment in narcolepsy: News and controversies**  
Chair: [Aleksandra Wierzbicka](#) and [Rafael del Rio](#)

16:00-16:20 Review of neuronal pathways implicated in narcolepsy: [Miguel Garzón](#)  
16:20-16:40 New available treatments of narcolepsy and future perspectives: [Gert Jan Lammers](#)  
Use of sodium oxybate in children: results of randomized trials and post-marketing experience of safety issues: [Jed Black](#)  
16:40-17:00 Patients perspective of pharmacological treatment of narcolepsy: [patient representative](#)  
17:00-17:30 Open discussion treatment of narcolepsy and related hypersomnolences  
17:30-18:00: break

**18:00-19:30** **Symposia 4: Cognitive and Psychiatric comorbidity of Narcolepsy**  
Chair: [Claire Donjacour](#) and [Giuseppe Plazzi](#)

18:00-18:20 Cognitive and emotional disturbances in narcolepsy: Neuropsychological interventions: [Pablo Medrano](#)  
18:20- 18:40 Narcolepsy in children: association with H1N1 flu, psychiatric, cognitive comorbidities and impact on daily life: [Attila Szakacs](#)  
18:40- 19:00 The impact of hypnagogic hallucinations and psychiatric comorbidity in patients with narcolepsy: [Hal Droogleever](#)  
19:00- 19:20 Psychiatric comorbidity: Narcolepsy and psychosis: [Francesca Cañellas](#)  
19:20- 19:30 Open discussion: Psychiatric disorders and Narcolepsy

**19:30 - 20:45**      *Optional guided visit to the Majorca Cathedral*

**21:00 Dinner**      *(All attendants, maximum of 140 places, prior registration in the web page)*

**Sunday, march 19<sup>th</sup>**

**9:00-10:30**      **Symposia 4. Psychosocial aspects of Narcolepsy**  
Chair: [Laura Lillo Triguero and Michel Lecendreux](#)

9:00 - 9:20      Narcolepsy with Cataplexy and Pregnancy: [Elena Calvo](#)

9:20 – 9:40      Dietary patterns and eating behaviour of narcolepsy patients. Are they different from other disorders of hypersomnolence?:  
[Sebastian Overeem](#)

9:40 - 10:00      Narcolepsy and school counseling: the experience in the Netherlands: [Pauline Buijserd-Amesz](#)

10:00-10:15      Patient-related outcome parameters of functioning. Results of the 7<sup>th</sup> Helsinki narcolepsy day survey: [Markku Partinen](#)

10:15-10:45      **Invited conference:** "Experience in the difficulties in diagnosing narcolepsy": [Professor Michel Billiard](#)

10:45-11:15      *break*

**11:15 -13:00**      **Symposia 4. Closing Symposia**

Chair: [Geert Mayer and Enrique López García \(President of narcolepsy patients Spanish association\)](#)

11:30-11:50      Young Scientist Award

11:50-12:00      Best Poster Award

12:00: 12:30      Presentation of a representative of Europeans patients associations [presented by a selected speaker by patients associations](#)

12:30-13:00      Summary of meeting and Future European Narcolepsy Days

**13:00 -14:00**      *Lunch, Farewell*